

Full Retreat

FRIDAY

6:30 – 7:00 PM

Check in

7:00 PM

Welcome & Ice Breaker

7:30 – 9:00 PM

Session One

9:00 PM

Snacks and Socialize; Free Time!

SATURDAY

8:00 – 9:00 AM

Breakfast

9:00 – 10:30 AM

Session Two

10:30 – 11:00 AM

Break

11:00 – 12:00 PM

Session Three

** Sample Schedule **

Full Retreat

(continued)

12:00- 1:30 PM

Lunch; on your own

1:30 - 2:30 PM

Session Four

2:30 - 3:00 PM

Break

3:00 - 4:30 PM

Session Five

4:30 - 5:00 PM

Q & A Time

Evening

FREE TIME! Go out on a date with your spouse!

SUNDAY

8:30 - 9:30 AM

Breakfast

9:30 - 11:30 AM

Session Six

** Sample Schedule **